## NAIROBI – BOMBAY

### WELCOME ABOARD
**– Where Every Meal Takes You Further -**
Start your journey with more than just a seat
start it with flavor, freshness, and flair.

# LUNCH/DINNER

Assorted bread rolls

### APPETIZER

Vegetable antipasti and baba ganoush salad
pickled carrots, cucumber and shredded red cabbage

### MAIN COURSE

**Daal Palak**
served with brown onion pulao, carrot buttons,
seared red pepper

**Arabic Chicken Biryani**
served with biryani rice, garnished with fried onion,
cashew nuts and golden raisin

**Grilled Lamb Leg and Rosemary Jus**
served with lyonnaise potatoes, turned carrots,
sautéed broccoli and roasted cherry tomato

### DESSERT

Ivoire Lemon Tart

Please accept our apologies if your preferred choice of
meal is not available

Kenya Airways

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SKYTEAM

**BOMBAY - NAIROBI**

## WELCOME ABOARD

**- Where Every Meal Takes You Further -**

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# HOT LIGHT MEAL

Whole wheat rolls and Lachha Paratha

## MAIN COURSE

**Chicken Hara Masala**
served with Masala Pulao and Dal Panchratan

**Grilled Sea Bass with Saffron Sauce**
served with Mashed Potato,
Sautéed Cauliflower and Peas

**Vegetable Makhanwala**
served with Pulao Rice and Dal Makhani

## DESSERT

Royal Chocolate Cake

Please accept our apologies if your preferred choice of
meal is not available

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## NAIROBI – BOMBAY

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# LUNCH/DINNER

Assorted bread rolls

### APPETIZER

Vegetable antipasti and baba ganoush salad
pickled carrots, cucumber and shredded red cabbage

### MAIN COURSE

**Daal Palak**
served with brown onion pulao, carrot buttons,
seared red pepper

**Arabic Chicken Biryani**
served with biryani rice, garnished with fried onion,
cashew nuts and golden raisin

**Grilled Lamb Leg and Rosemary Jus**
served with lyonnaise potatoes, turned carrots,
sautéed broccoli and roasted cherry tomato

### DESSERT

Ivoire Lemon Tart

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meal is not available

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**BOMBAY – NAIROBI**

## WELCOME ABOARD

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# HOT BREAKFAST

Seasonal Fresh Fruit Salad

Assorted Yoghurt

**Pastry Selection**

Warm crispy Croissant, Brown Bread Roll,
served with Jam, Marmalade or Butter

## MAIN COURSE

**Chicken Nuggets**

served with Roasted Potatoes and Grilled Vegetables

**Three Pepper Moulded Egg**

served with Hash Brown Potatoes and Vegetable Ratatouille

**Sukhe Matar Masala**

served with Aloo Pyaz Paratha and Tawa Paneer Tikka

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meal is not available

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## NAIROBI – SEYCHELLES

### WELCOME ABOARD

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# HOT BREAKFAST

Seasonal Kenyan fresh fruit salad

Assorted yoghurt

**Pastry Selection**

Warm crispy croissant, multi cereal brown bread roll,
served with jam, marmalade or butter

### MAIN COURSE

**Grilled Chicken Sausage**

served with coconut matoke,
sautéed spinach, sliced mushrooms and grilled tomatoes

**Spinach Omelette**

served with baked beans, harsh brown potatoes,
courgette wedge and herbed tomato

**Matoke stew**

served with sautéed spinach,
mushroom slices and grilled tomato

Please accept our apologies if your preferred choice of
meal is not available

## PETIT-DEJEUNER CHAUD

Salade de fruits frais kenyans de saison

Yaourts assortis

**Selection de patisseries**
Croissant chaud et croustillant, petit pain brun multi-cereales,
servi avec de la confiture, de la marmelade ou du beurre

**Plat principal**

**Saucisse de poulet grillee**
servi avec du matoke a la noix de coco,
epinards sautes, champignons tranches et tomates grillees

**Omelette aux epinards**
servie avec des haricots au four, des pommes de terre rissolees,
de courgettes et de tomates aux herbes

**Ragout de matoke**
servi avec des epinards sautes, des tranches de champignons
tomate grillee

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## SEYCHELLES – NAIROBI

### WELCOME ABOARD

**– Where Every Meal Takes You Further -**

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start it with flavor, freshness, and flair.

## HOT LIGHT MEAL

Assorted bread rolls

### MAIN COURSE

**Beef Pilau**
garnished with fried onion and dhania

**Grilled Chicken Thigh and Spicy Tomato Sauce**
served with saffron rice, pumpkin sticks,
Kenyan beans and seared cherry tomatoes

**Daal Palak**
served with brown onion pulao, carrot buttons,
seared cherry tomato

### DESSERT

Baked Cheesecake

Please accept our apologies if your preferred choice of
meal is not available

## REPAS LEGER CHAUD

Petits pains assortis

### PLAT PRINCIPAL

**Pilau de bc:euf**
garni d'oignons frits et de dhania

**Cuisse de poulet grillee et sauce tomate epicee**
servi avec du riz safrane, des batonnets de citrouille
haricots kenyans et tomates cerises poelees

**Daal Palak**
servi avec du pulao d'oignons bruns, des boutons de carottes
tomates cerises saisies

### DESSERT

Gateau au fromage cuit

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## NAIROBI - SEYCHELLES

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

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## HOT LIGHT MEAL

Assorted bread rolls

### MAIN COURSE

**Grilled Lamb Leg and Rosemary Jus**
served with lyonnaise potatoes, turned carrots,
sautéed broccoli and roasted cherry tomato

**Arabic Chicken Biryani**
served with biryani rice, garnished with fried onion,
cashew nuts and golden raisin

**Vegetable Kiswahili**
served with tomato rice,
creamy spinach and seared red pepper

### DESSERT

Double Chocolate soft cake

Please accept our apologies if your preferred choice of
meal is not available

## REPAS CHAUD LEGER

Petits pains assortis

### PLAT PRINCIPAL

**Gigot d'agneau grille et son jus au romarin**
servi avec des pommes de terre a la lyonnaise, des carottes tournees,
carottes tournees, brocoli saute et tomates cerises r6ties

**Poulet arabe Biryani**
servi avec du riz biryani, garni d'oignons frits,
de noix de cajou et de raisins secs dores

**Legumes Kiswahili**
servis avec du riz a la tomate,
des epinards cremeux et du poivron rouge poele

### DESSERT

Gateau moelleux au double chocolat

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## NAIROBI - MAURITIUS

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

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# HOT LIGHT MEAL

Assorted bread rolls

### MAIN COURSE

**Grilled Lamb Leg and Rosemary Jus**
served with lyonnaise potatoes, turned carrots,
sautéed broccoli and roasted cherry tomato

**Arabic Chicken Biryani**
served with biryani rice, garnished with fried onion,
cashew nuts and golden raisin

**Vegetable Kiswahili**
served with tomato rice,
creamy spinach and seared red pepper

### DESSERT

Double Chocolate soft cake

Please accept our apologies if your preferred choice of
meal is not available

## REPAS CHAUD LEGER

Petits pains assortis

### PLAT PRINCIPAL

**Gigot d'agneau grille et son jus au romarin**
servi avec des pommes de terre a la lyonnaise, des carottes tournees,
carottes tournees, brocoli saute et tomates cerises r6ties

**Poulet arabe Biryani**
servi avec du riz biryani, garni d'oignons frits,
de noix de cajou et de raisins secs dores

**Legumes Kiswahili**
servis avec du riz a la tomate,
des epinards cremeux et du poivron rouge poele

### DESSERT

Gateau moelleux au double chocolat

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## MAURITIUS – NAIROBI

### WELCOME ABOARD

**– Where Every Meal Takes You Further -**

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## HOT LIGHT MEAL

Assorted bread rolls

### MAIN COURSE

**Beef Pilau**
garnished with fried onion and dhania

**Grilled Chicken Thigh and Spicy Tomato Sauce**
served with saffron rice, pumpkin sticks,
Kenyan beans and seared cherry tomatoes

**Daal Palak**
served with brown onion pulao, carrot buttons,
seared cherry tomato

### DESSERT

Baked Cheesecake

Please accept our apologies if your preferred choice of
meal is not available

## REPAS LEGER CHAUD

Petits pains assortis

### PLAT PRINCIPAL

**Pilau de bc:euf**
garni d'oignons frits et de dhania

**Cuisse de poulet grillee et sauce tomate epicee**
servi avec du riz safrane, des batonnets de citrouille
haricots kenyans et tomates cerises poelees

**Daal Palak**
servi avec du pulao d'oignons bruns, des boutons de carottes
tomates cerises saisies

### DESSERT

Gateau au fromage cuit

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## NAIROBI - MAURITIUS

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

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# HOT LIGHT MEAL

Assorted bread rolls

### MAIN COURSE

**Grilled Lamb Leg and Rosemary Jus**
served with lyonnaise potatoes, turned carrots,
sautéed broccoli and roasted cherry tomato

**Arabic Chicken Biryani**
served with biryani rice, garnished with fried onion,
cashew nuts and golden raisin

**Vegetable Kiswahili**
served with tomato rice,
creamy spinach and seared red pepper

### DESSERT

Double Chocolate soft cake

Please accept our apologies if your preferred choice of
meal is not available

## REPAS CHAUD LEGER

Petits pains assortis

### PLAT PRINCIPAL

**Gigot d'agneau grille et son jus au romarin**
servi avec des pommes de terre a la lyonnaise, des carottes tournees,
carottes tournees, brocoli saute et tomates cerises r6ties

**Poulet arabe Biryani**
servi avec du riz biryani, garni d'oignons frits,
de noix de cajou et de raisins secs dores

**Legumes Kiswahili**
servis avec du riz a la tomate,
des epinards cremeux et du poivron rouge poele

### DESSERT

Gateau moelleux au double chocolat

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## NAIROBI - DUBAI

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

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## HOT LIGHT MEAL

Assorted bread rolls

### MAIN COURSE

**Grilled Lamb Leg and Rosemary Jus**
served with lyonnaise potatoes, turned carrots,
sautéed broccoli and roasted cherry tomato

**Arabic Chicken Biryani**
served with biryani rice, garnished with fried onion,
cashew nuts and golden raisin

**Vegetable Kiswahili**
served with tomato rice,
creamy spinach and seared red pepper

### DESSERT

Double Chocolate soft cake

Please accept our apologies if your preferred choice of
meal is not available

## REPAS CHAUD LEGER

Petits pains assortis

### PLAT PRINCIPAL

**Gigot d'agneau grille et son jus au romarin**
servi avec des pommes de terre a la lyonnaise, des carottes tournees,
carottes tournees, brocoli saute et tomates cerises r6ties

**Poulet arabe Biryani**
servi avec du riz biryani, garni d'oignons frits,
de noix de cajou et de raisins secs dores

**Legumes Kiswahili**
servis avec du riz a la tomate,
des epinards cremeux et du poivron rouge poele

### DESSERT

Gateau moelleux au double chocolat

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## DUBAI - NAIROBI

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

Start your journey with more than just a seat
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## HOT BREAKFAST

Cereal

Assorted yoghurt

**Pastry Selection**

Warm crispy croissant, multi cereal brown bread roll,
served with jam, marmalade or butter

### MAIN COURSE

**Grilled Chicken Sausage**

served with coconut matoke,
sautéed spinach, sliced mushrooms and grilled tomatoes

**Spinach Omelette**

served with baked beans, harsh brown potatoes,
courgette wedge and herbed tomato

**Matoke stew**

served with sautéed spinach,
mushroom slices and grilled tomato

Please accept our apologies if your preferred choice of
meal is not available

## PETIT-DEJEUNER CHAUD

Cereale

Yaourts assortis

Selection de patisseries
Croissant chaud et croustillant, petit pain brun multi-cereales,
servi avec de la confiture, de la marmelade ou du beurre

### PLAT PRINCIPAL

**Saucisse de poulet grillee**
servi avec du matoke a la noix de coco,
epinards sautes, champignons tranches et tomates grillees

**Omelette aux epinards**
servie avec des haricots au four, des pommes de terre rissolees,
de courgettes et de tomates aux herbes

**Ragout de matoke**
servi avec des epinards sautes,
des tranches de champignons, tomate grillee

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# NAIROBI – DUBAI

## WELCOME ABOARD

**– Where Every Meal Takes You Further -**

Start your journey with more than just a seat
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## LUNCH/DINNER

Assorted bread rolls

### APPETIZER

Vegetable antipasti and baba ghanoush salad
pickled carrots, cucumber and shredded red cabbage

### MAIN COURSE

**Grilled Lamb Leg and Rosemary Jus**
served with lyonnaise potatoes, turned carrots,
sautéed broccoli and roasted cherry tomato

**Arabic Chicken Biryani**
served with biryani rice garnished with fried onion,
cashew nuts and golden raisin

**Vegetable Kiswahili**
served with tomato rice,
creamy spinach and seared red pepper

### DESSERT

Ivoire Lemon Tart

Please accept our apologies if your preferred choice of
meal is not available

# DÉJEUNER/DÎNER

Assortiment de petits pains

## ENTRÉE

Antipasti de légumes et salade baba ghanoush
carottes marinées, concombre et chou rouge râpé

## PLAT PRINCIPAL

**Gigot d'agneau grillé et jus de romarin**
servi avec des pommes de terre à la lyonnaise,
des carottes tournées,
carottes tournées, brocolis sautés et tomates cerises rôties

**Poulet arabe Biryani**
servi avec du riz biryani garni d'oignons frits,
de noix de cajou et de raisins secs dorés

**Légumes Kiswahili**
servis avec du riz à la tomate,
des épinards crémeux et du poivron rouge poêlé

## DESSERT

Tarte au citron d'Ivoire

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## DUBAI– NAIROBI

### WELCOME ABOARD

**– Where Every Meal Takes You Further -**

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## HOT LIGHT MEAL

Assorted bread rolls

### MAIN COURSE

**Beef Pilau**
garnished with fried onion and dhania

**Grilled Chicken Thigh and Spicy Tomato Sauce**
served with saffron rice, pumpkin sticks,
Kenyan beans and seared cherry tomatoes

**Daal Palak**
served with brown onion pulao, carrot buttons,
seared cherry tomato

### DESSERT

Baked Cheesecake

Please accept our apologies if your preferred choice of
meal is not available

## REPAS LEGER CHAUD

Petits pains assortis

### PLAT PRINCIPAL

**Pilau de bc:euf**
garni d'oignons frits et de dhania

**Cuisse de poulet grillee et sauce tomate epicee**
servi avec du riz safrane, des batonnets de citrouille
haricots kenyans et tomates cerises poelees

**Daal Palak**
servi avec du pulao d'oignons bruns, des boutons de carottes
tomates cerises saisies

### DESSERT

Gateau au fromage cuit

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# NAIROBI – ACCRA

## WELCOME ABOARD

**– Where Every Meal Takes You Further -**

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## LUNCH/DINNER

Assorted bread rolls

### APPETIZER

Vegetable antipasti and baba ghanoush salad
pickled carrots, cucumber and shredded red cabbage

### MAIN COURSE

**Grilled Lamb Leg and Rosemary Jus**
served with lyonnaise potatoes, turned carrots,
sautéed broccoli and roasted cherry tomato

**Arabic Chicken Biryani**
served with biryani rice garnished with fried onion,
cashew nuts and golden raisin

**Vegetable Kiswahili**
served with tomato rice,
creamy spinach and seared red pepper

### DESSERT

Ivoire Lemon Tart

Please accept our apologies if your preferred choice of
meal is not available

# DÉJEUNER/DÎNER

Assortiment de petits pains

## ENTRÉE

Antipasti de légumes et salade baba ghanoush
carottes marinées, concombre et chou rouge râpé

## PLAT PRINCIPAL

**Gigot d'agneau grillé et jus de romarin**
servi avec des pommes de terre à la lyonnaise,
des carottes tournées,
carottes tournées, brocolis sautés et tomates cerises rôties

**Poulet arabe Biryani**
servi avec du riz biryani garni d'oignons frits,
de noix de cajou et de raisins secs dorés

**Légumes Kiswahili**
servis avec du riz à la tomate,
des épinards crémeux et du poivron rouge poêlé

## DESSERT

Tarte au citron d'Ivoire

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## ACCRA- MONROVIA

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

Start your journey with more than just a seat
start it with flavor, freshness, and flair.

## HOT LIGHT MEAL

Assorted warm bread rolls

### MAIN COURSE

**Chicken with Tomato Gravy Sauce**
served with stir fried vegetable rice and sautéed broccoli

**Fried Grouper Fillet with Tomato Stew**
served with fried yam, turned pumpkin and colored peppers

**Beans Stew**
served with yellow rice with vegetable,
plantain and sautéed creamy spinach

### DESSERT

Coffee cream tartlet

Please accept our apologies if your preferred choice of
meal is not available

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## MONROVIA- ACCRA

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

Start your journey with more than just a seat
start it with flavor, freshness, and flair.

# HOT LIGHT MEAL

Assorted warm bread rolls

### MAIN COURSE

**Chicken Kurma with Thermidor Sauce**
served with yellow and white basmati rice,
sautéed carrots sticks and zucchini pencil

**Fried Grouper Fillet with Palava Sauce**
served with couscous with vegetable,
sautéed carrots sticks and broccoli

**Tomato Stew**
served with fried coconut rice with vegetable,
sautéed carrots, zucchini and eggplant turmeric

### DESSERT

Lemon ivory cream tartlet

Please accept our apologies if your preferred choice of
meal is not available

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# ACCRA – NAIROBI

## WELCOME ABOARD

**– Where Every Meal Takes You Further -**

Start your journey with more than just a seat
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## MAIN MEAL

Assorted warm bread rolls

### APPETIZER

A platter of grilled mixed vegetable salad

### MAIN COURSE

**Slow Cooked Beef Blade**
served with lyonnaise potatoes,
green beans ,carrots pencil and balsamic gravy sauce

**Thai Red Chicken Curry**
served with vegetable fried rice
sautéed red and green pepper pencil

**Tikka Vegetables**
served with jeera rice and tian vegetables

### DESSERT

Lemon and white chocolate meringue tartlet

Please accept our apologies if your preferred choice of
meal is not available

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# NAIROBI – ACCRA

## WELCOME ABOARD

**– Where Every Meal Takes You Further -**

Start your journey with more than just a seat
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## LUNCH/DINNER

Assorted bread rolls

### APPETIZER

Vegetable antipasti and baba ghanoush salad
pickled carrots, cucumber and shredded red cabbage

### MAIN COURSE

**Grilled Lamb Leg and Rosemary Jus**
served with lyonnaise potatoes, turned carrots,
sautéed broccoli and roasted cherry tomato

**Arabic Chicken Biryani**
served with biryani rice garnished with fried onion,
cashew nuts and golden raisin

**Vegetable Kiswahili**
served with tomato rice,
creamy spinach and seared red pepper

### DESSERT

Ivoire Lemon Tart

Please accept our apologies if your preferred choice of
meal is not available

# DÉJEUNER/DÎNER

Assortiment de petits pains

## ENTRÉE

Antipasti de légumes et salade baba ghanoush
carottes marinées, concombre et chou rouge râpé

## PLAT PRINCIPAL

**Gigot d'agneau grillé et jus de romarin**
servi avec des pommes de terre à la lyonnaise,
des carottes tournées,
carottes tournées, brocolis sautés et tomates cerises rôties

**Poulet arabe Biryani**
servi avec du riz biryani garni d'oignons frits,
de noix de cajou et de raisins secs dorés

**Légumes Kiswahili**
servis avec du riz à la tomate,
des épinards crémeux et du poivron rouge poêlé

## DESSERT

Tarte au citron d'Ivoire

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## ACCRA- FREETOWN

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

Start your journey with more than just a seat
start it with flavor, freshness, and flair.

# HOT LIGHT MEAL

Assorted warm bread rolls

### MAIN COURSE

**Chicken with Tomato Gravy Sauce**
served with stir fried vegetable rice and sautéed broccoli

**Fried Grouper Fillet with Tomato Stew**
served with fried yam, turned pumpkin and colored peppers

**Beans Stew**
served with yellow rice with vegetable,
plantain and sautéed creamy spinach

### DESSERT

Coffee cream tartlet

Please accept our apologies if your preferred choice of
meal is not available

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## FREETOWN - ACCRA

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

Start your journey with more than just a seat
start it with flavor, freshness, and flair.

# HOT LIGHT MEAL

Assorted warm bread rolls

### MAIN COURSE

**Chicken Kurma with Thermidor Sauce**
served with yellow and white basmati rice,
sautéed carrots sticks and zucchini pencil

**Fried Grouper Fillet with Palava Sauce**
served with couscous with vegetable,
sautéed carrots sticks and broccoli

**Tomato Stew**
served with fried coconut rice with vegetable,
sautéed carrots, zucchini and eggplant turmeric

### DESSERT

Lemon ivory cream tartlet

Please accept our apologies if your preferred choice of
meal is not available

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# ACCRA – NAIROBI

## WELCOME ABOARD

**– Where Every Meal Takes You Further -**

Start your journey with more than just a seat
start it with flavor, freshness, and flair.

## MAIN MEAL

Assorted warm bread rolls

### APPETIZER

A platter of grilled mixed vegetable salad

### MAIN COURSE

**Slow Cooked Beef Blade**
served with lyonnaise potatoes,
green beans ,carrots pencil and balsamic gravy sauce

**Thai Red Chicken Curry**
served with vegetable fried rice
sautéed red and green pepper pencil

**Tikka Vegetables**
served with jeera rice and tian vegetables

### DESSERT

Lemon and white chocolate meringue tartlet

Please accept our apologies if your preferred choice of
meal is not available

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## NAIROBI - ABIDJAN

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

Start your journey with more than just a seat
start it with flavor, freshness, and flair.

## BRUNCH

Seasonal Kenyan fresh fruit salad

Assorted yoghurt

**Pastry Selection**
Warm crispy croissant, multi cereal brown bread roll,
served with jam, marmalade or butter

### MAIN COURSE

**Spinach Omelette**
served with baked beans, harsh brown potatoes,
courgette wedge and herbed tomato

**Grilled Chicken Thigh and Spicy Tomato Sauce**
served with saffron rice, pumpkin sticks,
Kenyan beans and seared cherry tomatoes

**Daal palak**
served with brown onion pulao, carrot buttons,
seared cherry tomato

Please accept our apologies if your preferred choice of
meal is not available

# BRUNCH

Salade de fruits frais de saison du Kenya

Assortiment de yaourts

**Selection de patisseries**
Croissant chaud et croustillant, petit pain brun multi-cereales,
servis avec de la confiture, de la marmelade ou du beurre

## PLAT PRINCIPAL

**Omelette aux epinards**
servie avec des haricots au four et des pommes de terre rissolees,
de courgettes et de tomates aux herbes

**Cuisse de poulet grillee et sauce tomate epicee**
servie avec du riz au safran, des batonnets de potiron
Haricots kenyans et tomates cerises poelees

**Daal palak**
servi avec du pulao d'oignons bruns, des boutons de carottes
tomates cerises saisies

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NBO'25BRU/R2-West

## ABIDJAN-DAKAR

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

Start your journey with more than just a seat
start it with flavor, freshness, and flair.

## LIGHT MEAL

Assorted bread rolls

### MAIN COURSE

**Roasted Chicken Breast with Spicy Creole Sauce**
served with roasted turned potatoes,
steamed carrot baton and snow peas

**Pan fried Captain Fish fillet with Eggplant Sauce**
served with turmeric rice and macedoine vegetable

**Vegetable Curry**
served with sautéed potato wedges with herbs

### DESSERT

Lemon Tart

Please accept our apologies if your preferred choice of
meal is not available

# REPAS LÉGER

Petits pains assortis

## PLAT PRINCIPAL

**Poitrine de poulet rôtie avec sauce créole épicée**
Servie avec des pommes de terre tournées rôties,
bâtonnets de carottes vapeur et pois mange-tout

**Filet de poisson Captain poêlé avec sauce à l'aubergine**
Servi avec du riz au curcuma et des légumes macédoine

**Curry de légumes**
Servi avec des quartiers de pommes de terre sautées aux herbes

## DESSERT

Tarte au citron

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## ABIDJAN – NAIROBI

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# DINNER

Assorted bread rolls

### APPETIZER

Timbale of tabbouleh salad with raisins

### MAIN COURSE

**Captain fish with Thermidor Sauce**
served with rice and mixed vegetables

**Traditional West African ox cheek**
served with spicy chocolate sauce, parsley mashed potatoes
sautéed vegetables

**Indian spiced vegetable curry**
Served with steamed rice and seasonal vegetables

### DESSERT

White forest cake topped with coconut, chocolate sauce

Please accept our apologies if your preferred choice of
meal is not available

# REPAS CHAUD SPÉCIAL

Sélection de petits pains

## ENTRÉE

Salade de taboulé aux raisins et papaye tranchés
feuilles de laitue et de coriandre

## PLATS CHAUDS

**Filet de poisson, sauce nantua**
riz blanc et mélange de légumes

**Joue de bœuf, sauce épice chocolat**
purée de pomme de terre au persil et légumes sautés

**Légumes au curry**
riz vapeur et légumes de saison

## DESSERT

Gâteau forêt blanche saupoudré au coco râpé,
sauce caraïbe

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## DAKAR - ABIDJAN

### WELCOME ABOARD

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## HOT LIGHT MEAL

Assorted warm bread rolls

### MAIN COURSE

**Pan fried Captain Fish fillet**
served with coriander turned potatoes,
sautéed dice zucchini, tomato with herbs and olive oil salsa

**Roasted Chicken Breast**
served with steamed rice, turned carrots,
steamed peas and coconut tomato curry sauce

**Penne Pasta with Arrabiata Sauce Topped with Cheese**

### DESSERT

Chocolate Tartlet

Please accept our apologies if your preferred choice of
meal is not available

# REPAS LÉGER

Petits pains assortis

## PLAT PRINCIPAL

**Filet de poisson Captain poêlé**
servi avec des pommes de terre tournées à la coriandre,
courgettes en dés sautées,
tomates aux herbes et salsa à l'huile d'olive

**Poitrine de poulet rôtie**
servie avec du riz vapeur, carottes tournées,
pois vapeur et sauce au curry de tomate et noix de coco

**Penne Pasta avec Sauce Arrabiata, Garnie de Fromage**

## DESSERT

Tartelette au chocolat

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## NAIROBI - LAGOS

### WELCOME ABOARD

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## BRUNCH

Seasonal Kenyan fresh fruit salad

Assorted yoghurt

**Pastry Selection**
Warm crispy croissant, multi cereal brown bread roll,
served with jam, marmalade or butter

### MAIN COURSE

**Spinach Omelette**
served with baked beans, harsh brown potatoes,
courgette wedge and herbed tomato

**Grilled Chicken Thigh and Spicy Tomato Sauce**
served with saffron rice, pumpkin sticks,
Kenyan beans and seared cherry tomatoes

**Daal palak**
served with brown onion pulao, carrot buttons,
seared cherry tomato

Please accept our apologies if your preferred choice of
meal is not available

# BRUNCH

Salade de fruits frais de saison du Kenya

Assortiment de yaourts

**Selection de patisseries**
Croissant chaud et croustillant, petit pain brun multi-cereales,
servis avec de la confiture, de la marmelade ou du beurre

## PLAT PRINCIPAL

**Omelette aux epinards**
servie avec des haricots au four et des pommes de terre rissolees,
de courgettes et de tomates aux herbes

**Cuisse de poulet grillee et sauce tomate epicee**
servie avec du riz au safran, des batonnets de potiron
Haricots kenyans et tomates cerises poelees

**Daal palak**
servi avec du pulao d'oignons bruns, des boutons de carottes
tomates cerises saisies

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## LAGOS – NAIROBI

### WELCOME ABOARD

**– Where Every Meal Takes You Further -**

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## HOT LIGHT MEAL

Assorted bread rolls

### MAIN COURSE

**Beef Pilau**
garnished with fried onion and dhania

**Grilled Chicken Thigh and Spicy Tomato Sauce**
served with saffron rice, pumpkin sticks,
Kenyan beans and seared cherry tomatoes

**Daal Palak**
served with brown onion pulao, carrot buttons,
seared cherry tomato

### DESSERT

Baked Cheesecake

Please accept our apologies if your preferred choice of
meal is not available

## REPAS LEGER CHAUD

Petits pains assortis

### PLAT PRINCIPAL

**Pilau de bc:euf**
garni d'oignons frits et de dhania

**Cuisse de poulet grillee et sauce tomate epicee**
servi avec du riz safrane, des batonnets de citrouille
haricots kenyans et tomates cerises poelees

**Daal Palak**
servi avec du pulao d'oignons bruns, des boutons de carottes
tomates cerises saisies

### DESSERT

Gateau au fromage cuit

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# NAIROBI – LAGOS

## WELCOME ABOARD

**– Where Every Meal Takes You Further -**

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## LUNCH/DINNER

Assorted bread rolls

### APPETIZER

Vegetable antipasti and baba ghanoush salad
pickled carrots, cucumber and shredded red cabbage

### MAIN COURSE

**Grilled Lamb Leg and Rosemary Jus**
served with lyonnaise potatoes, turned carrots,
sautéed broccoli and roasted cherry tomato

**Arabic Chicken Biryani**
served with biryani rice garnished with fried onion,
cashew nuts and golden raisin

**Vegetable Kiswahili**
served with tomato rice,
creamy spinach and seared red pepper

### DESSERT

Ivoire Lemon Tart

Please accept our apologies if your preferred choice of
meal is not available

# DÉJEUNER/DÎNER

Assortiment de petits pains

## ENTRÉE

Antipasti de légumes et salade baba ghanoush
carottes marinées, concombre et chou rouge râpé

## PLAT PRINCIPAL

**Gigot d'agneau grillé et jus de romarin**
servi avec des pommes de terre à la lyonnaise,
des carottes tournées,
carottes tournées, brocolis sautés et tomates cerises rôties

**Poulet arabe Biryani**
servi avec du riz biryani garni d'oignons frits,
de noix de cajou et de raisins secs dorés

**Légumes Kiswahili**
servis avec du riz à la tomate,
des épinards crémeux et du poivron rouge poêlé

## DESSERT

Tarte au citron d'Ivoire

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## LAGOS – NAIROBI

### WELCOME ABOARD

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## HOT LIGHT MEAL

Assorted bread rolls

### MAIN COURSE

**Beef Pilau**
garnished with fried onion and dhania

**Grilled Chicken Thigh and Spicy Tomato Sauce**
served with saffron rice, pumpkin sticks,
Kenyan beans and seared cherry tomatoes

**Daal Palak**
served with brown onion pulao, carrot buttons,
seared cherry tomato

### DESSERT

Baked Cheesecake

Please accept our apologies if your preferred choice of
meal is not available

## REPAS LEGER CHAUD

Petits pains assortis

### PLAT PRINCIPAL

**Pilau de bc:euf**
garni d'oignons frits et de dhania

**Cuisse de poulet grillee et sauce tomate epicee**
servi avec du riz safrane, des batonnets de citrouille
haricots kenyans et tomates cerises poelees

**Daal Palak**
servi avec du pulao d'oignons bruns, des boutons de carottes
tomates cerises saisies

### DESSERT

Gateau au fromage cuit

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## NAIROBI - DOUALA

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

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## HOT LIGHT MEAL

Assorted bread rolls

### MAIN COURSE

**Grilled Lamb Leg and Rosemary Jus**
served with lyonnaise potatoes, turned carrots,
sautéed broccoli and roasted cherry tomato

**Arabic Chicken Biryani**
served with biryani rice, garnished with fried onion,
cashew nuts and golden raisin

**Vegetable Kiswahili**
served with tomato rice,
creamy spinach and seared red pepper

### DESSERT

Double Chocolate soft cake

Please accept our apologies if your preferred choice of
meal is not available

## REPAS CHAUD LEGER

Petits pains assortis

### PLAT PRINCIPAL

**Gigot d'agneau grille et son jus au romarin**
servi avec des pommes de terre a la lyonnaise, des carottes tournees,
carottes tournees, brocoli saute et tomates cerises r6ties

**Poulet arabe Biryani**
servi avec du riz biryani, garni d'oignons frits,
de noix de cajou et de raisins secs dores

**Legumes Kiswahili**
servis avec du riz a la tomate,
des epinards cremeux et du poivron rouge poele

### DESSERT

Gateau moelleux au double chocolat

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## DOUALA- ABIDJAN

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

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start it with flavor, freshness, and flair.

## LIGHT MEAL

Assorted warm bread rolls

### MAIN COURSE

**Slow Cooked Beef**
served with pepper sauce,
potatoes, diced carrots, courgettes and mushroom

**Breaded Chicken**
served with tomato creole sauce,
tagliatelle pasta, sautéed carrots and courgettes

**Mixed Vegetable Curry**
served with rice with peas

### DESSERT

Opera cake

Please accept our apologies if your preferred choice of
meal is not available

# REPAS LÉGER CHAUD

Sélection De Pains

## PLATS CHAUDS

Bœuf sauce moutarde  accompagné de pomme de terre,
dés de carottes, courgettes et champignons

Accompagné de Tagliatelle et de Carottes et Courgettes tournées
Poulet Pané Sauce Tomate Créole

Riz aux Petits Pois , Sauce Curry
Accompagné de Carottes ,
Oignon et de Champignons au Curry

## DESSERT

Gâteau Opera

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## NAIROBI – MAPUTO

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

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## HOT BREAKFAST

Seasonal Kenyan fresh fruit salad

Assorted yoghurt

**Pastry Selection**

Warm crispy croissant, multi cereal brown bread roll,
served with jam, marmalade or butter

### MAIN COURSE

**Grilled Chicken Sausage**

served with coconut matoke,
sautéed spinach, sliced mushrooms and grilled tomatoes

**Spinach Omelette**

served with baked beans, harsh brown potatoes,
courgette wedge and herbed tomato

**Matoke stew**

served with sautéed spinach,
mushroom slices and grilled tomato

Please accept our apologies if your preferred choice of
meal is not available

## PETIT-DEJEUNER CHAUD

Salade de fruits frais kenyans de saison

Yaourts assortis

**Selection de patisseries**
Croissant chaud et croustillant, petit pain brun multi-cereales,
servi avec de la confiture, de la marmelade ou du beurre

**Plat principal**

**Saucisse de poulet grillee**
servi avec du matoke a la noix de coco,
epinards sautes, champignons tranches et tomates grillees

**Omelette aux epinards**
servie avec des haricots au four, des pommes de terre rissolees,
de courgettes et de tomates aux herbes

**Ragout de matoke**
servi avec des epinards sautes, des tranches de champignons
tomate grillee

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## MAPUTO – NAIROBI

### WELCOME ABOARD

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## HOT LIGHT MEAL

Assorted bread rolls

### MAIN COURSE

**Beef Pilau**
garnished with fried onion and dhania

**Grilled Chicken Thigh and Spicy Tomato Sauce**
served with saffron rice, pumpkin sticks,
Kenyan beans and seared cherry tomatoes

**Daal Palak**
served with brown onion pulao, carrot buttons,
seared cherry tomato

### DESSERT

Baked Cheesecake

Please accept our apologies if your preferred choice of
meal is not available

## REPAS LEGER CHAUD

Petits pains assortis

### PLAT PRINCIPAL

**Pilau de bc:euf**
garni d'oignons frits et de dhania

**Cuisse de poulet grillee et sauce tomate epicee**
servi avec du riz safrane, des batonnets de citrouille
haricots kenyans et tomates cerises poelees

**Daal Palak**
servi avec du pulao d'oignons bruns, des boutons de carottes
tomates cerises saisies

### DESSERT

Gateau au fromage cuit

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## NAIROBI – JOHANNESBURG

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

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## HOT BREAKFAST

Seasonal Kenyan fresh fruit salad

Assorted yoghurt

**Pastry Selection**

Warm crispy croissant, multi cereal brown bread roll,
served with jam, marmalade or butter

### MAIN COURSE

**Grilled Chicken Sausage**

served with coconut matoke,
sautéed spinach, sliced mushrooms and grilled tomatoes

**Spinach Omelette**

served with baked beans, harsh brown potatoes,
courgette wedge and herbed tomato

**Matoke stew**

served with sautéed spinach,
mushroom slices and grilled tomato

Please accept our apologies if your preferred choice of
meal is not available

## PETIT-DEJEUNER CHAUD

Salade de fruits frais kenyans de saison

Yaourts assortis

**Selection de patisseries**
Croissant chaud et croustillant, petit pain brun multi-cereales,
servi avec de la confiture, de la marmelade ou du beurre

**Plat principal**

**Saucisse de poulet grillee**
servi avec du matoke a la noix de coco,
epinards sautes, champignons tranches et tomates grillees

**Omelette aux epinards**
servie avec des haricots au four, des pommes de terre rissolees,
de courgettes et de tomates aux herbes

**Ragout de matoke**
servi avec des epinards sautes, des tranches de champignons
tomate grillee

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## JOHANNESBURG – NAIROBI

**WELCOME ABOARD**
**– Where Every Meal Takes You Further -**
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# HOT LIGHT MEAL

Assorted warm bread rolls

**MAIN COURSE**

**Pepper Grilled Beef Fillet**
served with sautéed butternut, baby potatoes,
creamed spinach and mushrooms sauce

**Fish Curry**
served with herbed basmati rice,
sautéed red peppers and steamed chunky carrots

**Spinach Ravioli**
served with roasted brinjal, three cheese crumble,
sundried tomato cream sauce

**DESSERT**

Passion fruit and coconut cake

Please accept our apologies if your preferred choice of
meal is not available

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SKYTEAM

## NAIROBI - JOHANNESBURG

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

Start your journey with more than just a seat
start it with flavor, freshness, and flair.

## HOT LIGHT MEAL

Assorted bread rolls

### MAIN COURSE

**Grilled Lamb Leg and Rosemary Jus**
served with lyonnaise potatoes, turned carrots,
sautéed broccoli and roasted cherry tomato

**Arabic Chicken Biryani**
served with biryani rice, garnished with fried onion,
cashew nuts and golden raisin

**Vegetable Kiswahili**
served with tomato rice,
creamy spinach and seared red pepper

### DESSERT

Double Chocolate soft cake

Please accept our apologies if your preferred choice of
meal is not available

## REPAS CHAUD LEGER

Petits pains assortis

### PLAT PRINCIPAL

**Gigot d'agneau grille et son jus au romarin**
servi avec des pommes de terre a la lyonnaise, des carottes tournees,
carottes tournees, brocoli saute et tomates cerises r6ties

**Poulet arabe Biryani**
servi avec du riz biryani, garni d'oignons frits,
de noix de cajou et de raisins secs dores

**Legumes Kiswahili**
servis avec du riz a la tomate,
des epinards cremeux et du poivron rouge poele

### DESSERT

Gateau moelleux au double chocolat

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## JOHANNESBURG – NAIROBI

**WELCOME ABOARD**
**– Where Every Meal Takes You Further -**
Start your journey with more than just a seat
start it with flavor, freshness, and flair.

# HOT LIGHT MEAL

Assorted warm bread rolls

**MAIN COURSE**

**Pepper Grilled Beef Fillet**
served with sautéed butternut, baby potatoes,
creamed spinach and mushrooms sauce

**Fish Curry**
served with herbed basmati rice,
sautéed red peppers and steamed chunky carrots

**Spinach Ravioli**
served with roasted brinjal, three cheese crumble,
sundried tomato cream sauce

**DESSERT**

Passion fruit and coconut cake

Please accept our apologies if your preferred choice of
meal is not available

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SKYTEAM

## NAIROBI - JOHANNESBURG

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

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start it with flavor, freshness, and flair.

## HOT LIGHT MEAL

Assorted bread rolls

### MAIN COURSE

**Grilled Lamb Leg and Rosemary Jus**
served with lyonnaise potatoes, turned carrots,
sautéed broccoli and roasted cherry tomato

**Arabic Chicken Biryani**
served with biryani rice, garnished with fried onion,
cashew nuts and golden raisin

**Vegetable Kiswahili**
served with tomato rice,
creamy spinach and seared red pepper

### DESSERT

Double Chocolate soft cake

Please accept our apologies if your preferred choice of
meal is not available

## REPAS CHAUD LEGER

Petits pains assortis

### PLAT PRINCIPAL

**Gigot d'agneau grille et son jus au romarin**
servi avec des pommes de terre a la lyonnaise, des carottes tournees,
carottes tournees, brocoli saute et tomates cerises r6ties

**Poulet arabe Biryani**
servi avec du riz biryani, garni d'oignons frits,
de noix de cajou et de raisins secs dores

**Legumes Kiswahili**
servis avec du riz a la tomate,
des epinards cremeux et du poivron rouge poele

### DESSERT

Gateau moelleux au double chocolat

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## NAIROBI - JOHANNESBURG

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

Start your journey with more than just a seat
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## HOT LIGHT MEAL

Assorted bread rolls

### MAIN COURSE

**Grilled Lamb Leg and Rosemary Jus**
served with lyonnaise potatoes, turned carrots,
sautéed broccoli and roasted cherry tomato

**Arabic Chicken Biryani**
served with biryani rice, garnished with fried onion,
cashew nuts and golden raisin

**Vegetable Kiswahili**
served with tomato rice,
creamy spinach and seared red pepper

### DESSERT

Double Chocolate soft cake

Please accept our apologies if your preferred choice of
meal is not available

## REPAS CHAUD LEGER

Petits pains assortis

### PLAT PRINCIPAL

**Gigot d'agneau grille et son jus au romarin**
servi avec des pommes de terre a la lyonnaise, des carottes tournees,
carottes tournees, brocoli saute et tomates cerises r6ties

**Poulet arabe Biryani**
servi avec du riz biryani, garni d'oignons frits,
de noix de cajou et de raisins secs dores

**Legumes Kiswahili**
servis avec du riz a la tomate,
des epinards cremeux et du poivron rouge poele

### DESSERT

Gateau moelleux au double chocolat

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## NAIROBI – LIVINGSTONE

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

Start your journey with more than just a seat
start it with flavor, freshness, and flair.

## HOT BREAKFAST

Seasonal Kenyan fresh fruit salad

Assorted yoghurt

**Pastry Selection**

Warm crispy croissant, multi cereal brown bread roll,
served with jam, marmalade or butter

### MAIN COURSE

**Grilled Chicken Sausage**

served with coconut matoke,
sautéed spinach, sliced mushrooms and grilled tomatoes

**Spinach Omelette**

served with baked beans, harsh brown potatoes,
courgette wedge and herbed tomato

**Matoke stew**

served with sautéed spinach,
mushroom slices and grilled tomato

Please accept our apologies if your preferred choice of
meal is not available

## PETIT-DEJEUNER CHAUD

Salade de fruits frais kenyans de saison

Yaourts assortis

**Selection de patisseries**
Croissant chaud et croustillant, petit pain brun multi-cereales,
servi avec de la confiture, de la marmelade ou du beurre

**Plat principal**

**Saucisse de poulet grillee**
servi avec du matoke a la noix de coco,
epinards sautes, champignons tranches et tomates grillees

**Omelette aux epinards**
servie avec des haricots au four, des pommes de terre rissolees,
de courgettes et de tomates aux herbes

**Ragout de matoke**
servi avec des epinards sautes, des tranches de champignons
tomate grillee

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## LIVINGSTONE - CAPE TOWN

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

Start your journey with more than just a seat
start it with flavor, freshness, and flair.

# HOT LIGHT MEAL

Assorted bread rolls

### MAIN COURSE

**Grilled Lamb Leg and Rosemary Jus**
served with lyonnaise potatoes, turned carrots,
sautéed broccoli and roasted cherry tomato

**Arabic Chicken Biryani**
served with biryani rice, garnished with fried onion,
cashew nuts and golden raisin

**Vegetable Kiswahili**
served with tomato rice,
creamy spinach and seared red pepper

### DESSERT

Double Chocolate soft cake

Please accept our apologies if your preferred choice of
meal is not available

## REPAS CHAUD LEGER

Petits pains assortis

### PLAT PRINCIPAL

**Gigot d'agneau grille et son jus au romarin**
servi avec des pommes de terre a la lyonnaise, des carottes tournees,
carottes tournees, brocoli saute et tomates cerises r6ties

**Poulet arabe Biryani**
servi avec du riz biryani, garni d'oignons frits,
de noix de cajou et de raisins secs dores

**Legumes Kiswahili**
servis avec du riz a la tomate,
des epinards cremeux et du poivron rouge poele

### DESSERT

Gateau moelleux au double chocolat

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## LIVINGSTONE - NAIROBI

### WELCOME ABOARD

**- Where Every Meal Takes You Further -**

Start your journey with more than just a seat
start it with flavor, freshness, and flair.

# HOT LIGHT MEAL

Assorted warm bread rolls

### MAIN COURSE

**Stuffed Beef with Goat Cheese and Parsley**
served with baked broccoli and cauliflower,
sautéed butternut, marrow,
roasted red pepper and tomato sauce

**Grilled Chicken Supreme**
served with chakalaka peas ,sautéed green beans,
lemon and coriander cream sauce

**Vegetable Ratatouille**
served with bulgur wheat mixed with vegetables and
sautéed spinach

### DESSERT

Chocolate mousse cake

Please accept our apologies if your preferred choice of
meal is not available

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## NAIROBI – CAPE TOWN

### WELCOME ABOARD
**– Where Every Meal Takes You Further -**
Start your journey with more than just a seat
start it with flavor, freshness, and flair.

# LUNCH/DINNER

Assorted bread rolls

### APPETIZER

Vegetable antipasti and baba ghanoush salad
pickled carrots, cucumber and shredded red cabbage

### MAIN COURSE

**Grilled Lamb Leg and Rosemary Jus**
served with lyonnaise potatoes, turned carrots,
sautéed broccoli and roasted cherry tomato

**Arabic Chicken Biryani**
served with biryani rice garnished with fried onion,
cashew nuts and golden raisin

**Vegetable Kiswahili**
served with tomato rice,
creamy spinach and seared red pepper

### DESSERT

Ivoire Lemon Tart

Please accept our apologies if your preferred choice of
meal is not available

# DÉJEUNER/DÎNER

Assortiment de petits pains

## ENTRÉE

Antipasti de légumes et salade baba ghanoush
carottes marinées, concombre et chou rouge râpé

## PLAT PRINCIPAL

**Gigot d'agneau grillé et jus de romarin**
servi avec des pommes de terre à la lyonnaise,
des carottes tournées,
carottes tournées, brocolis sautés et tomates cerises rôties

**Poulet arabe Biryani**
servi avec du riz biryani garni d'oignons frits,
de noix de cajou et de raisins secs dorés

**Légumes Kiswahili**
servis avec du riz à la tomate,
des épinards crémeux et du poivron rouge poêlé

## DESSERT

Tarte au citron d'Ivoire

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# CAPE TOWN –NAIROBI

## WELCOME ABOARD

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## LUNCH / DINNER

Assorted warm bread rolls

Carrot and red cabbage coleslaw, cucumber moons and raisins

### APPETIZER

### MAIN COURSE

**Pepper Grilled Beef Fillet**
served with sautéed butternut, baby potatoes,
creamed spinach and creamy mushrooms sauce

**Fish Curry**
served with herbed basmati rice,
sautéed red peppers and steamed chunky carrots

**Spinach Ravioli**
served with roasted brinjal,
three cheese crumble and sundried tomato cream sauce

### DESSERT

Passion fruit and coconut cake

Please accept our apologies if your preferred choice of
meal is not available

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## NAIROBI – VICTORIA FALLS

### WELCOME ABOARD

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## HOT BREAKFAST

Seasonal Kenyan fresh fruit salad

Assorted yoghurt

**Pastry Selection**

Warm crispy croissant, multi cereal brown bread roll,
served with jam, marmalade or butter

### MAIN COURSE

**Grilled Chicken Sausage**

served with coconut matoke,
sautéed spinach, sliced mushrooms and grilled tomatoes

**Spinach Omelette**

served with baked beans, harsh brown potatoes,
courgette wedge and herbed tomato

**Matoke stew**

served with sautéed spinach,
mushroom slices and grilled tomato

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meal is not available

## PETIT-DEJEUNER CHAUD

Salade de fruits frais kenyans de saison

Yaourts assortis

**Selection de patisseries**
Croissant chaud et croustillant, petit pain brun multi-cereales,
servi avec de la confiture, de la marmelade ou du beurre

**Plat principal**

**Saucisse de poulet grillee**
servi avec du matoke a la noix de coco,
epinards sautes, champignons tranches et tomates grillees

**Omelette aux epinards**
servie avec des haricots au four, des pommes de terre rissolees,
de courgettes et de tomates aux herbes

**Ragout de matoke**
servi avec des epinards sautes, des tranches de champignons
tomate grillee

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## VICTORIA FALLS - CAPE TOWN

### WELCOME ABOARD

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# HOT LIGHT MEAL

Assorted bread rolls

### MAIN COURSE

**Grilled Lamb Leg and Rosemary Jus**
served with lyonnaise potatoes, turned carrots,
sautéed broccoli and roasted cherry tomato

**Arabic Chicken Biryani**
served with biryani rice, garnished with fried onion,
cashew nuts and golden raisin

**Vegetable Kiswahili**
served with tomato rice,
creamy spinach and seared red pepper

### DESSERT

Double Chocolate soft cake

Please accept our apologies if your preferred choice of
meal is not available

## REPAS CHAUD LEGER

Petits pains assortis

### PLAT PRINCIPAL

**Gigot d'agneau grille et son jus au romarin**
servi avec des pommes de terre a la lyonnaise, des carottes tournees,
carottes tournees, brocoli saute et tomates cerises r6ties

**Poulet arabe Biryani**
servi avec du riz biryani, garni d'oignons frits,
de noix de cajou et de raisins secs dores

**Legumes Kiswahili**
servis avec du riz a la tomate,
des epinards cremeux et du poivron rouge poele

### DESSERT

Gateau moelleux au double chocolat

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# CAPE TOWN – VICTORIA FALLS

## WELCOME ABOARD

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## LIGHT MEAL

Assorted warm bread rolls

### MAIN COURSE

**Pepper Grilled Beef Fillet**
served with sautéed butternut,
baby potatoes, creamed spinach and mushrooms sauce

**Fish Curry**
served with herbed basmati rice,
sautéed red peppers and steamed chunky carrots

**Spinach Ravioli**
served with roasted brinjal, three cheese crumble,
sundried tomato cream sauce

### DESSERT

Passion fruit and coconut cake

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meal is not available

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## VICTORIA FALLS - NAIROBI

### WELCOME ABOARD

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# HOT LIGHT MEAL

Assorted warm bread rolls

### MAIN COURSE

**Stuffed Beef with Goat Cheese and Parsley**
served with baked broccoli and cauliflower,
sautéed butternut, marrow,
roasted red pepper and tomato sauce

**Grilled Chicken Supreme**
served with chakalaka peas ,sautéed green beans,
lemon and coriander cream sauce

**Vegetable Ratatouille**
served with bulgur wheat mixed with vegetables and
sautéed spinach

### DESSERT

Chocolate mousse cake

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